

1. MONDAY	TUESDAY	THURSDAY	FRIDAY
<p>Pork meatballs in Tomato sauce Served on a bed of rice</p> <p><i>Or</i></p> <p>Vegan Quorn in Tomato sauce</p> <p><i>Green Cabbage</i></p>	<p><i>Fish fingers</i></p> <p><i>Or</i></p> <p><i>Cous Cous with Vegetables</i></p> <p><i>Diced Carrots</i></p>	<p><i>Roast Turkey served with midi potatoes</i></p> <p><i>or</i></p> <p><i>Vegetable Crumble</i></p> <p><i>Roasted Mixed Vegetables</i></p>	<p><i>Cheese &amp; Tomato Pizza</i></p> <p><i>Or</i></p> <p><i>Sausages with Fried onions</i></p> <p><i>Cut Green Beans</i></p>
<p><i>Fruits Salad</i></p> <p>+</p> <p>Selection of daily fruits</p>	<p><i>Yoghurt with strawberry / kiwi Fruit topping</i></p> <p>+</p> <p>Selection of daily fruits</p>	<p><i>Fruits</i></p>	<p><i>Yoghurt with Vanilla and Apricot topping</i></p> <p>+</p> <p><i>Selection of daily fruits</i></p>
<b>S A L A D   S E L E C T I O N</b>			
<p><i>Lettuce</i></p> <p><i>Cucumber</i></p> <p><i>Grated Carrots</i></p> <p><i>Coleslaw</i></p>	<p><i>Lettuce</i></p> <p><i>Beetroot &amp; Onion</i></p> <p><i>Cucumber</i></p> <p><i>Tuna &amp; Sweetcorn</i></p>	<p><i>Lettuce</i></p> <p><i>Grated Carrots</i></p> <p><i>Cucumber</i></p>	<p><i>Cucumber</i></p> <p><i>Coleslaw</i></p> <p><i>Boiled Egg</i></p> <p><i>Lettuce</i></p>

2. MONDAY	TUESDAY	THURSDAY	FRIDAY
<p><i>Chicken Nugget served with sauté potato or Vegetable stir-fry with Noodles</i></p> <p><i>Ratatouille</i></p>	<p><i>Roasted Pork served With Roasted midi potato or Potato and Onion Baked</i></p> <p><i>Broccoli spears</i></p>	<p><i>Beef in Black Bean sauce served with turmeric rice or Corn Fritters</i></p> <p><i>Diced Carrot</i></p>	<p><i>Lasagne</i></p> <p><i>Or</i></p> <p><i>Vegetable Lasagne</i></p> <p><i>Courgette</i></p>
<p><i>Cheese &amp; Crackers</i></p>	<p><i>Yoghurt with vanilla / peach topping + Selection of daily fruits</i></p>	<p><i>Apple Crumble with Custard + Selection of daily fruits</i></p>	<p><i>Yoghurt with Raspberry Topping + Selection of daily fruits</i></p>
<p><b>S A L A D   S E L E C T I O N</b></p>			
<p><i>Lettuce Cucumber Grated Carrot Beetroot &amp; Onion</i></p>	<p><i>Lettuce/ Avocado Cucumber Egg Mayonnaise</i></p>	<p><i>Tuna &amp; Sweet corn Lettuce Cucumber</i></p>	<p><i>Lettuce Coleslaw Grated Carrot</i></p>

3. MONDAY	TUESDAY	THURSDAY	FRIDAY
<p><i>Chili Con Carne</i> Served with rice or <i>Vegetable Chili</i></p> <p><i>Green Cabbage</i></p>	<p><i>Fish Fingers served</i> <i>With sauté potato</i> or <i>penne in tomato &amp;</i> <i>sweetcorn sauce</i></p> <p><i>Courgette</i></p>	<p><i>Cottage Pie</i></p> <p>or</p> <p><i>Vegetarian Cottage</i> <i>pie</i></p> <p><i>Diced Carrots</i></p>	<p><i>Turkey Dinosaurs</i> Or <i>Vegetable Spring</i> <i>Rolls</i></p> <p><i>Potato Wedges</i></p> <p><i>Baked Beans</i></p>
<p><i>Fruit Salad.</i></p> <p>+</p> <p><i>Selection of daily fruits</i></p>	<p><i>Yoghurt with Raspberry</i> <i>And Apricot topping.</i></p> <p>+</p> <p><i>Selection of daily fruits</i></p>	<p><i>Home made mini Muffins</i></p> <p>+</p> <p><i>Selection of daily fruits</i></p>	<p><i>Yoghurts with Toffee</i> <i>topping.</i></p> <p>+</p> <p><i>Selection of daily fruits</i></p>
<b>S A L A D   S E L E C T I O N</b>			
<p><i>Lettuce &amp; Avocado</i> <i>Egg Mayonnaise</i> <i>Grated Carrot</i></p>	<p><i>Lettuce</i> <i>Cucumber</i> <i>Coleslaw</i></p>	<p><i>Lettuce</i> <i>Grated Carrots</i> <i>Cucumber</i></p>	<p><i>Lettuce</i> <i>Cucumber</i> <i>Coleslaw</i></p>

4. MONDAY	TUESDAY	THURSDAY	FRIDAY
<p><i>Spaghetti Bolognese</i></p> <p><i>Or</i></p> <p><i>Vegetarian Bolognese</i></p> <p><i>Macedoine</i></p>	<p><i>Fish &amp; Chip</i> <i>baked</i></p> <p><i>Or</i></p> <p><i>Vegetable Spring</i> <i>Rolls</i></p> <p><i>Cauliflower</i></p>	<p><i>Roast Beef Served with</i> <i>Roasted potatoes</i></p> <p><i>Or</i></p> <p><i>Stir Fry with Noodles</i></p> <p><i>Brussels Sprouts</i></p>	<p><i>Chicken Korma served</i> <i>On a bed of rice</i></p> <p><i>Or</i></p> <p><i>Vege Korma with</i> <i>Rice</i></p> <p><i>Green Beans</i></p>
<p><i>Fruits</i></p>	<p><i>Yoghurt with vanilla and</i> <i>Apricot topping.</i></p> <p><i>+</i></p> <p><i>Selection of daily fruits</i></p>	<p><i>Cheese portions</i></p> <p><i>+</i></p> <p><i>Selection of daily fruits</i></p>	<p><i>Yoghurt with Chocolate</i> <i>fudge topping</i></p> <p><i>+</i></p> <p><i>Selection of daily fruits</i></p>
<p><b>S A L A D   S E L E C T I O N</b></p>			
<p><i>Coleslaw</i></p> <p><i>Lettuce / Avocado</i></p> <p><i>Grated Carrots</i></p> <p><i>Cucumber</i></p>	<p><i>Lettuce</i></p> <p><i>Boiled Eggs</i></p> <p><i>Tuna Salad</i></p> <p><i>Cucumber</i></p>	<p><i>Lettuce</i></p> <p><i>Cucumber</i></p> <p><i>Grated Carrots</i></p>	<p><i>Cucumber</i></p> <p><i>Coleslaw</i></p> <p><i>Beetroot &amp; Onion</i></p> <p><i>Lettuce</i></p>